



ABC Arkansas offering

CPR, FIRST AID, & AED TRAINING

Helping save lives.

HEARTSAVER FIRST AID

Course Description:

Designed to teach rescuers to effectively recognize and treat adult emergencies in the critical first minutes until emergency medical services personnel arrive. The course includes general principles, medical and injury emergencies.

HEARTSAVER CPR COURSE

Course Description:

Rescuers learn the skills of CPR and relief of foreign body airway obstruction. In addition, rescuers will also learn the AHA Chain of Survival, and the signs of arrest, stroke, and choking.

HEARTSAVER AED COURSE

AUTOMATED EXTERNAL DEFIBRILLATOR

The Heartsaver AED Course teaches the use of this device for children 1 year of age and up to adult. The purpose of the device is to shock the heart into a treatable rhythm.

FOR MORE INFORMATION ON THIS MEMBER SERVICE

please contact

AHA Instructor

Danielle Woodall

501.372.2858 / danielle@abcark.org

Benefits for YOU:

- Meet OSHA standards for your business
- Learn from a certified American Heart Association Instructor
- Help save lives, employee, family member, or friend
- Cost effective & flexible classes, to meet your needs



**Associated Builders
and Contractors, Inc.**

Arkansas Chapter

Course Fee: \$50 per person

Includes Heartsaver First Aid,
CPR and AED

*All materials & equipment will be provided.
Course fee includes one book per company, additional
books can be purchased for \$15.*