

## Why CPR?

220,000 Americans die from cardiac arrest every year. The good news is cardiac emergencies don't have to turn into tragedies.

The objective of CPR training is to increase survival from sudden cardiac arrest by increasing the number of rescuers prepared to 911 and provide early CPR.

Fast, efficient CPR can double or triple a victim's chance of survival.



## Why CPR with ABC Arkansas?

Cost effective & flexible classes, to meet the needs of our member companies.

Meet OSHA standards for your business.

Learn from certified American Heart Association Instructors.

Help save lives, whether an employee, family member, or friend.



## About Associated Builders & Contractors

- ◆ National Association representing more than 25,000 merit shop construction and construction-related firms in 79 chapters across the United States.
- ◆ ABC's membership represents all specialties within the U.S. construction industry and is comprised primarily of firms that perform work in the industrial and commercial sectors of the industry.
- ◆ ABC is the construction industry's voice with the legislative, executive and judicial branches of the federal government and with state and local governments, as well as with the news media.



Arkansas Chapter

**YOU WORK HARD.  
NOW WORK SMARTER.**

FOR MORE INFORMATION ON ABC AND THE WORK WE DO FOR OUR MEMBERS, PLEASE VISIT [WWW.ABCARK.ORG](http://WWW.ABCARK.ORG).

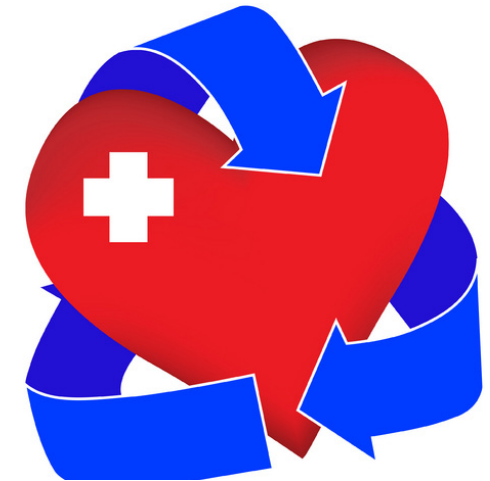
P: 501.812.0828

## ASSOCIATED BUILDERS & CONTRACTORS OF ARKANSAS



Arkansas Chapter

*Is helping save lives.*



**YOU COULD MAKE THE DIFFERENCE  
BETWEEN LIFE AND DEATH.**

Join us for a course in

**CPR, FIRST AID, & AED  
TRAINING**

## HEARTSAVER FIRST AID

### Course Description:

Designed to teach rescuers to effectively recognize and treat adult emergencies in the critical first minutes until emergency medical services personnel arrive. The course includes general principles, medical and injury emergencies.

### Intended Audience:

Persons assigned to respond to emergencies in the workplace or community, as well as those who want to learn first aid, CPR, and AED skills. Some rescuers are required to take this course as part of their employer's efforts to comply with OSHA regulations. This course will be combined with Heartsaver CPR and AED training.

**FOR MORE INFORMATION ON THIS MEMBER SERVICE OFFERED BY ABC OF ARKANSAS,**

please contact your local instructor

*Central Region Instructor*

**Jonathan Adams**

**501.812.0828 / jonathan@abcark.org**



Arkansas Chapter

## HEARTSAVER CPR COURSE

### Course Description:

Rescuers learn the skills of CPR and relief of foreign body airway obstruction. The course is divided into two modules.

### Adult and Child Module:

- ◆ CPR and relief of foreign body obstruction
- ◆ Chain of survival
- ◆ Signs of arrest, stroke, & choking

### Infant Module:

- ◆ CPR and relief of foreign body obstruction
- ◆ Chain of survival
- ◆ Signs of arrest, & choking

### Intended Audience:

Lay rescuers, employees, family members of patients at risk for sudden cardiac death, and persons who want to learn rescue skills for loved ones.

## HEARTSAVER AED COURSE

### AUTOMATED EXTERNAL DEFIBRILLATOR

The Heartsaver AED Course teaches the use of this device for children 1 year of age and up to adult. The purpose of the device is to shock the heart into a treatable rhythm.

## REGISTRATION FORM

### Complete form and mail to:

**ABC Arkansas**

**ATTN: Jonathan Adams**

**22 Collins Industrial Place**

**North Little Rock, AR 72113**

**or call 501.812.0828**

Name \_\_\_\_\_

Company \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Check enclosed \_\_\_\_ Bill me \_\_\_\_

Credit Card \_\_\_\_ Card Type \_\_\_\_\_

Exp. Date \_\_\_\_\_ Security Code \_\_\_\_\_

Card # \_\_\_\_\_

*Course Fee: \$50 per person/ Non-member :\$60*

Includes Heartsaver First Aid,  
CPR and AED

*All materials & equipment will be provided.  
Course fee includes one book per company, additional  
books can be purchased for \$15.*